

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

MARCH-AUGUST 2017



Spring & Summer Program Guide

INCLUDING SUMMER CAMPS



WELCOME

Meet the town’s Park Maintenance Superintendent



Josh Glover serves as the Park Maintenance Superintendent for the Wake Forest Parks, Recreation & Cultural Resources Department. He oversees the upkeep and improvements of the grounds, amenities, and sports fields in our parks, as well as our extensive greenway system. Josh holds a bachelor’s degree from N.C. State University in Turfgrass Science.

He began his career working at golf courses and later felt drawn to the sports turf industry, being awarded grounds internships for both NFL and MLB teams. His latest experience comes from the Town of Cary where he led crews in the maintenance of the USA Baseball National Training Complex and other surrounding parks. At that juncture, he began to learn the satisfaction of caring for all types of park areas and now prides himself in managing the parks maintenance division for the Town of Wake Forest. He believes each park space and greenway section deserves the same high level of detail to best serve citizens and park visitors.

Josh has earned licenses as a Certified Playground Safety Inspector, Certified Pool Operator, and Certified Sports Field Manager through Sports Turf Manager’s Association, where he serves on the committee for the national chapter.

Wake Forest Parks, Recreation & Cultural Resources Department
301 S. Brooks St.
Wake Forest, NC 27587
919-435-9560
fax 919-435-9499
wakeforestnc.gov/parksrecreation.aspx

Weather Line
919-435-9569

Office Hours
Monday-Friday, 8 am-5 pm

Director
Ruben Wall
919-435-9561
rwall@wakeforestnc.gov

Athletics Superintendent
Edward Austin
919-435-9562
eAustin@wakeforestnc.gov

Athletic Programs Specialist
Meghan Hawkins
919-435-9457
mhawkins@wakeforestnc.gov

Programs Superintendent
Monica Lileton
919-435-9563
mlileton@wakeforestnc.gov

Urban Forestry Coordinator
Jennifer Rall
919-435-9565
jrall@wakeforestnc.gov

Maintenance Superintendent
Joshua Glover
919-554-6184
jglover@wakeforestnc.gov

Office Assistant
Rosemary Pimentel
919-435-9564
rpimentel@wakeforestnc.gov

Wake Forest Renaissance Centre for the Arts
919-435-9458

Centre Manager
Cathy Gouge
919-435-9567
cgouge@wakeforestnc.gov

Centre Specialist
Debra Horton
919-435-9566
dhorton@wakeforestnc.gov

Flaherty Park Community Center
1226 N. White St.
919-554-6726

Alston-Massenburg Center
416 N. Taylor St.
919-554-6189

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.



Program registration begins Feb. 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Wake Forest Town Hall**, 301 S. Brooks St., Mon-Fri 8 am-5 pm
- **Flaherty Park Community Center**, 1226 N. White St., Mon-Fri 10 am-10 pm, Sat 8 am-4 pm, Sun 1 pm-5 pm
payments by checks and credit/debit cards only
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 2 pm-8 pm, Sat 8 am- 4 pm, Sun 1 pm-5 pm
payments by checks and credit/debit cards only

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EVENTS

AND COMMUNITY ACTIVITIES



There's always something fun to do in Wake Forest!
Save the dates for these upcoming events.

Pirate & Princess Party <<NEW!>>

Put on your princess dress or your pirate outfit for a fun-filled morning at the Wake Forest Community House! Activities include crafts, snacks, games, and a fashion show. Children must be accompanied by an adult.



WFCH	Sa	10:00 am-12:00 pm	Mar 18	\$10	ages 3-12
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Mother-Son Dance <<NEW!>>

Celebrate the special bond that mothers and sons share with an evening of fun at the Town of Wake Forest's first Mother-Son Dance. Treat your son to a night of music, dancing and memories that he will have for a lifetime. The event will take place at the Wake Forest Community House and includes music, entertainment and refreshments.

WFCH	F	6:30 pm-8:30 pm	Mar 24	\$20	ages 3+
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Easter Egg Hunt

Over 10,000 eggs will be hidden at this year's Easter Egg Hunt! The egg hunt will feature multiple hunt areas, each for a different age group. This event will begin at 10:00 am starting with the youngest participants (0-3 years) and will continue at 15-minute intervals for different age groups, ending with ages 10-12 at 10:45 am. Bring your own basket and arrive early for good parking!

Joyner Pk*	Sa	10:00 am-11:00 am	Apr 8	free	all ages
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**In the event of inclement weather, all Easter egg hunts will be moved to the Flaherty Park Community Center, 1226 N. White St. Call the Weather Line at 919-435-9569 for updates.*

Egg-ceptional Egg Hunt

This egg hunt is free and will cater to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Pk*	Sa	11:30 pm-12:00 pm	Apr 8	free	all ages
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**Event will be held in the pecan grove. See inclement weather plan above for all Easter egg hunts.*

R.I.S.E. – Young Women’s Empowerment Workshop



Designed for young ladies ages 11-18, R.I.S.E. (Rise, Inspire, Succeed, Empower) is a series of free workshops that features presenters discussing topics of importance to young women. The Feb 25th workshop will focus on anti-bullying. Participants will learn skills and strategies to stand up and speak out against bullies. A continental breakfast will be provided.

Alst Mass	Sa	8:00 am-12:00 pm	Feb 25	free*	ages 11-18
Alst Mass	Sa	8:00 am-12:00 pm	May 20	free*	ages 11-18
Alst Mass	Sa	8:00 am-12:00 pm	Aug 19	free*	ages 11-18
Alst Mass	Sa	8:00 am-12:00 pm	Nov 4	free*	ages 11-18

**Pre-registration is required at wakeforestnc.recdesk.com*

Arbor Day Celebration

Celebrate Arbor Day, the tree planters holiday! The Town of Wake Forest and the Wake Forest Urban Forestry Advisory Board will be hosting the annual Arbor Day Expo at E. Carroll Joyner Park on April 22. The Arbor Day Expo will feature various exhibit booths and vendors, tree photo booth, face painting and activities for the kids. At noon, Mayor Vivian Jones will accept the town’s 38th Tree City USA Award and Wake Forest Power will accept their 3rd Tree Line USA Award. Come join the fun as we celebratate trees! **PRESENTED BY:** Wake Forest Urban Forestry Advisory Board



Joyner Pk*	Sa	11:00 am-3:00 pm	Apr 22	free	all ages
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**In case of inclement weather, the Expo will be moved to the Flaherty Park Community Ctr, 1226 N. White St. Any change in location will be announced by 3 pm on Friday, April 21. For updated information, call the Weather Line at 919-435-9569.*

Six Sundays in Spring Concert Series

Bring a lawn chair and enjoy live music at the park. The Six Sundays in Spring concert series is co-sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department and Wake Forest ARTS. The June 4th show is presented by PineCone: The Piedmont Council of Traditional Music.

Joyner Pk*	Su	5:00 pm-7:00 pm	Apr 30-Jun 4	free	all ages
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**In case of inclement weather, the concert will be moved to the Wake Forest Renaissance Centre, 405 S. Brooks St. Any change in location will be announced by 3 pm on the day of the concert. For updated information, call the Weather Line at 919-435-9569 or check the Town of Wake Forest Facebook page.*



Movie Nights at Joyner Park

The Parks, Recreation and Cultural Resources Department is pleased to offer Family Movie Nights at E. Carroll Joyner Park, 701 Harris Road. Assorted food vendors will be on site selling snacks and beverages. Area residents planning to attend are encouraged to arrive early as viewing space may be limited. Visitors are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited. To hear the name of the movie that will be shown, call the Special Events Hotline at 919-556-7063.

Joyner Pk*	Sa	8:30 pm	May 20	free	all ages
Joyner Pk*	Sa	8:30 pm	Jun 24	free	all ages
Joyner Pk*	Sa	8:30 pm	Jul 29	free	all ages
Joyner Pk*	Sa	8:30 pm	Aug 12	free	all ages

**In case of inclement weather, the event will be relocated to the Wake Forest Renaissance Centre, 405 S. Brooks St.*

Midday Music at Centennial Plaza NEW!

Now offered in spring, too! Area residents are invited to enjoy local musical talent in Centennial Plaza at Wake Forest Town Hall during the lunch time hour. Assorted dessert food truck vendors will be onsite during each concert. Bring a bag lunch or visit an area restaurant and enjoy the music.

Town Hall	Th	12:00 pm-1:00 pm	May 4	free	all ages
Town Hall	Th	12:00 pm-1:00 pm	May 11	free	all ages
Town Hall	Th	12:00 pm-1:00 pm	May 18	free	all ages
Town Hall	Th	12:00 pm-1:00 pm	May 25	free	all ages

Concerts in the Park

Bring a lawn chair and enjoy live music at the park. Concerts in the Park is co-sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department and PineCone: The Piedmont Council of Traditional Music.



Joyner Pk*	Su	5:00 pm-7:00 pm	Aug 6	free	all ages
Joyner Pk*	Su	5:00 pm-7:00 pm	Sep 3	free	all ages

**In case of inclement weather, the concert will be moved to the Wake Forest Renaissance Centre, 405 S. Brooks St. Any change in location will be announced by 3 pm on the day of the concert. For updated information, call the Weather Line at 919-435-9569 or check the Town of Wake Forest Facebook page.*

PARKS & GREENWAYS

PLACES TO PLAY

From the flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk

E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns and restored farm buildings, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics and relaxation. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Amidst the beautiful scenery loop three miles of paved trails for walking bicycling and in-line skating. Leashed dogs are also welcome to enjoy the trails.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$100	\$150 Half Day, Mon-Fri	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk
		\$200 Half Day, Sat-Sun/holiday	
		\$250 Full Day, Mon-Fri \$400 Full Day, Sat-Sun/holiday	dawn to dusk
Performance Garden	\$100	\$75 Half Day, Mon-Fri	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk
		\$100 Half Day, Sat-Sun/holiday	
		\$150 Full Day, Mon-Fri \$200 Full Day, Sat-Sun/holiday	dawn to dusk
Open Space (3 sites under pecan grove)	\$100	\$15/hr 2-hr min	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts and a community center (see page 9 for center information).



FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$100	\$15/hr 2-hr min	<i>Daily</i> dawn to dusk
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	<i>Subject to</i> <i>WFPRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

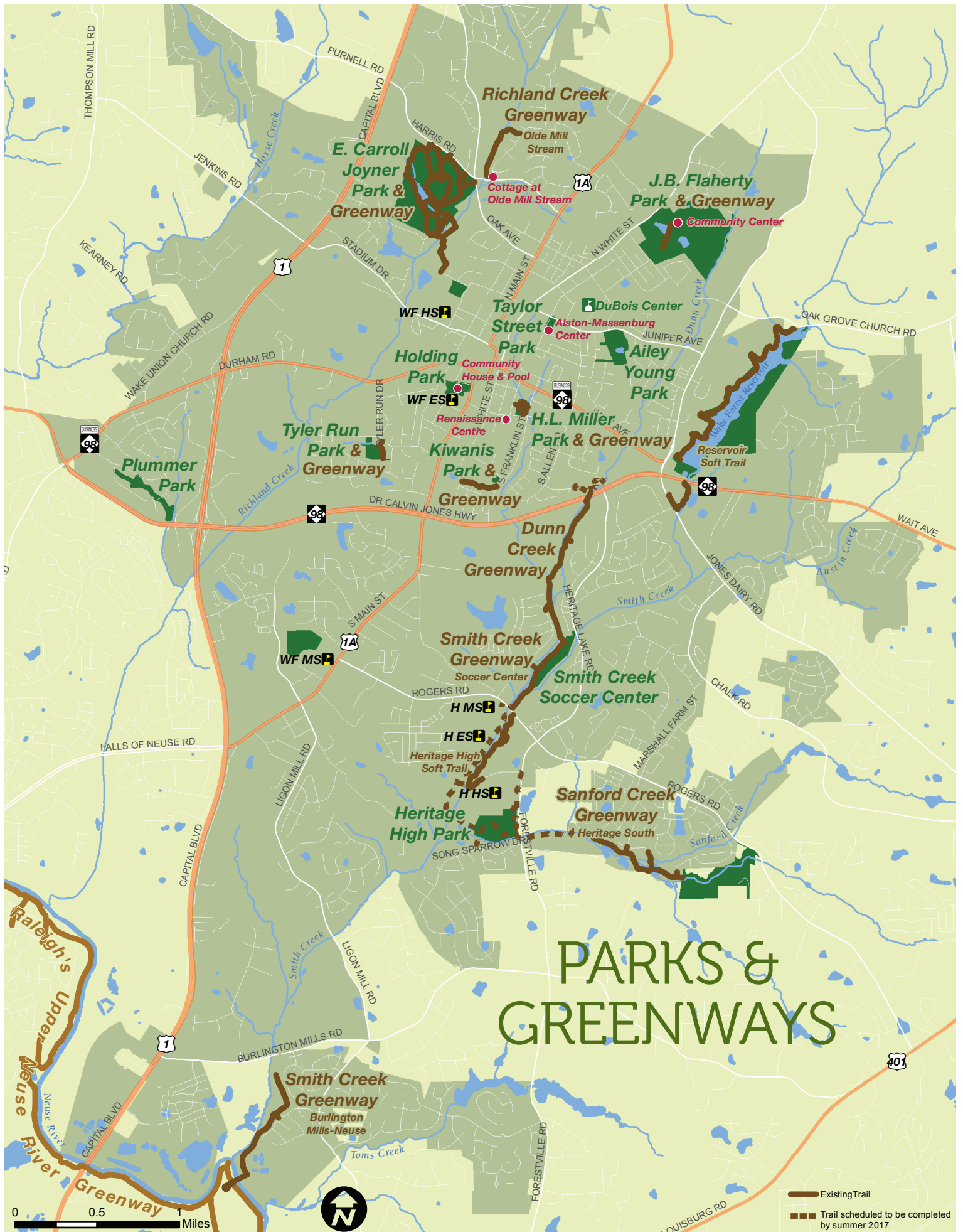
Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, 50-meter pool and the Wake Forest Community House.



HOLDING PARK POOL Scheduled to reopen to the public in 2018, Holding Park Pool is undergoing renovations.

RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	<i>Subject to</i> <i>WFPRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information



PARKS & GREENWAYS



Acres	Amphitheatre	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground	Pond	Swimming Pool	Restrooms	Soccer Field	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15	●	●				●		●	●	●				●		
DuBois Park 518 N. Franklin St.	0.4		●									●					
E. Carroll Joyner Park 701 Harris Rd.	117	●				●	●	●	●	●	●		●		●		
H.L. Miller Park 401 Elm Ave.	2					●					●						
Heritage High Park* 1140 Forestville Rd.	25	●	●				●								●	●	●
Holding Park 133 W. Owen Ave.	5	●	●	●				●	●		●	●		●	●		
J.B. Flaherty Park 1226 N. White St.	100	●	●	●	●		●	●	●	●	●	●	●		●		●
Kiwanis Park 400 E. Holding Ave.	1					●				●	●	●					
Plummer Park 965 Jones Wynd	0.5									●	●	●					
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●		●	●	●			●	●	
Taylor Street Park 416 N. Taylor St.	1.5			●		●		●		●	●	●			●		
Tyler Run Park 830 Pineview Dr.	9	●	●				●				●	●					

*Heritage High Park is open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the town's greenways.

For more information visit wakeforestnc.gov/adopt-a-trail.aspx or contact Transportation Planning Manager Candace Davis at cdavis@wakeforestnc.gov or 919-435-9513.



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages, including notices about game cancellations. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS

E. Carroll Joyner Park 701 Harris Rd.	P	3.0 mi.
	S	0.5 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P	1.0 mi. 0.3 mi*
H.L. Miller Park 401 Elm Ave.	P	0.4 mi.
Heritage High School 1150 Forestville Rd.	S	0.8 mi.
J.B. Flaherty Park 1226 N. White St.	P	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P	0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P	0.45 mi.
Sanford Creek Heritage South Greenway dead end of Marshall Farm St.	P	0.85 mi. 1.3 mi. **
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P	1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	0.63 mi. 1.1 mi.**
Tyler Run Park 830 Pineview Dr.	P	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S	1.6 mi.

*Downtown Connector section (.3 mi.) to be completed 2017.
**Smith/Sanford Creek Greenway (2.4 mi.) to be completed 2017.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School, Tyler Run Park and Wake Forest Middle School.

Soccer fields are located at Heritage High School, Smith Creek Soccer Center and Wake Forest Middle School

See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	<i>Subject to WFPRCR/league schedules</i>



Wake Forest Reservoir

The Wake Forest Reservoir was created as a drinking water source for the town in the early 1960s. Shortly after the City of Raleigh utility merger, the water plant was taken off line, but limited operations are still in place at the reservoir. You can still see some of the water plant structures on site.



Today, the lake is open for paddle and electric powered boats. Hikers can explore the 1.6 mile trail which follows the west bank of the reservoir.

The driveway to the lake is located off of Traditions Grande Boulevard near Wait Avenue. There is a small concrete boat ramp adjacent to the parking area.

Wake Forest's community centers are gathering spots

Alston-Massenburg Center

416 N. Taylor St.

919-554-6189

HOURS: Mon-Fri 2-8 pm; Sat 8 am-4 pm;

Sun 1-5 pm



The fully renovated Alston-Massenburg Center features a large meeting room, with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground and a picnic shelter.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$100	\$200 Half Day	<i>Sat & Sun only</i> 8:00 am-3:00 pm; 5:00 pm-midnight	24 tables 125 chairs available
		\$400 Full Day	8:00 am-midnight	

Wake Forest Community House

133 W. Owen Ave.

919-435-9560

HOURS: Open for scheduled programs and private rentals



The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House adjoins the Holding Park Pool and playground. To rent the Community House, call 919-435-9560 or visit town hall.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$100	\$200 Half Day	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight	27 tables 170 chairs available
		\$400 Full Day	8:00 am-midnight	

CENTERS AND RENTAL FACILITIES



for fun and recreation – the perfect location for your next special event.

Flaherty Park Community Center

1226 N. White St.
919-554-6726

HOURS: Mon-Fri 10 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

OPEN PLAY: The gymnasium is available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov – search “flaherty park.”



Flaherty Park Community Center is a recreational facility primarily used for Parks, Recreation & Cultural Resources programs. The center features a regulation high school gymnasium, an arts & crafts room, a game room and a meeting room with an adjoining kitchen.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$100	\$80/hr 2-hr min Additional \$15/hr supervisory fee for after hours (5 pm-midnight)	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$100	\$40/hr 2-hr min	Sat & Sun only	4 tables 20 chairs available
Open Space	\$100	\$15/hr 2-hr min	Daily	—

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.



Getting married?
Consider renting a town
facility for your special day.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St.

Arts Annex: 407 S. Brooks St.
919-435-9458

Event Hotline: 919-435-9428



The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events. Located in the heart of Wake Forest’s Renaissance District, the Renaissance Centre strives to connect and engage our community through inspiring arts experiences, and contribute to the economic growth and quality of life in our region.

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestnc.org or call 919-435-9458.



Compare Amenities

	Classroom	Game Room	Gymnasium	Kitchen	Meeting Room	Performance Stage	Available for Rent
Alston-Massenburg Center	●			●	●	●	●
Flaherty Park Community Center	●	●	●	●	●		●
Wake Forest Community House				●	●		●
Wake Forest Renaissance Centre for the Arts	●				●	●	●

PRESCHOOL

PROGRAMS & CLASSES

Geared for our youngest residents, these classes help preschoolers learn about the world through exploration.



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Young children are introduced to using paintbrushes and their hands as tools to create art. Little ones squish, squash, and splat their way to creating their very own masterpieces! Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	10:00 am-10:45 am	Mar 23-Apr 13	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Apr 27-May 18	\$48	18 mos-3 yrs

Preschool Art

We don't worry about coloring within the lines in this art class! These classes offer a fun environment for kids to get their hands dirty while making new friends and wild creations. Come meet Moo Monet and hear a story that goes along with our art project of the day. We will explore basic art techniques through many different mediums. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	11:00 am-12:30 pm	Mar 23-Apr 13	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Apr 27-May 18	\$48	ages 3-5

Dance

Tiny Ballerinas

Dancers will gain ballet technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the room. They will apply these skills in a new routine that they will perform for friends and family at the end of each session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:30 am-10:00 am	Feb 20-Mar 27	\$32	ages 3-5
Alst Mass	Th	4:00 pm-4:30 pm	Feb 23-Mar 30	\$32	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Apr 3-May 8	\$32	ages 3-5
Alst Mass	Th	4:00 pm-4:30 pm	Apr 6-May 11	\$32	ages 3-5
Alst Mass	M	9:30 am-10:00 am	May 15-Jun 26*	\$32	ages 3-5
Alst Mass	Th	4:00 pm-4:30 pm	May 18-Jun 22	\$32	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Jul 3-Aug 7	\$32	ages 3-5
Alst Mass	Th	4:00 pm-4:30 pm	Jun 29-Aug 3	\$32	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Aug 14-Sep 25	\$32	ages 3-5
Alst Mass	Th	4:00 pm-4:30 pm	Aug 10-Sep 14	\$32	ages 3-5

*No class May 29



Ballet/Tap/Jazz Combination

Dancers will gain ballet, tap, and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three new routines that they will perform for friends and family at the end of each session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, t-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	10:00 am-11:00 am	Feb 20-Mar 27	\$48	ages 3-5
Alst Mass	Th	4:30 pm-5:30 pm	Feb 23-Mar 30	\$48	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Apr 3-May 8	\$48	ages 3-5
Alst Mass	Th	4:30 pm-5:30 pm	Apr 6-May 11	\$48	ages 3-5
Alst Mass	M	10:00 am-11:00 am	May 15-Jun 26*	\$48	ages 3-5
Alst Mass	Th	4:30 pm-5:30 pm	May 18-Jun 22	\$48	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Jul 3-Aug 7	\$48	ages 3-5
Alst Mass	Th	4:30 pm-5:30 pm	Jun 29-Aug 3	\$48	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Aug 14-Sep 25	\$48	ages 3-5
Alst Mass	Th	4:30 pm-5:30 pm	Aug 10-Sep 14	\$48	ages 3-5

*No class May 29

Creative Movement

This class will guide your child in the discovery of pre-ballet, tap, and jazz through exercises that build coordination, gross motor skills, and bonding relationships. Students will perform a routine using the skills they have learned at the end of the session. Parents may participate if your dancer needs you to. **REQUIREMENTS:** *Girls:* leotard, tights, hair up and pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, T-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:00 am-9:30 am	Feb 20-Mar 27	\$32	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Apr 3-May 8	\$32	ages 2-3
Alst Mass	M	9:00 am-9:30 am	May 15-Jun 26*	\$32	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Jul 3-Aug 7	\$32	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Aug 14-Sep 25	\$32	ages 2-3

*No class May 29

Fitness

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/care-givers are required to supervise their child.

Flah Park	M	11:30 am-1:00 pm	ongoing	free	18 mos-5 yrs
Flah Park	Th	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs



YogaHappy – Preschool

Songs, games, crafts, stories, imaginative play, and creative movement... this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! Parent participation required. **INSTRUCTOR:** Alison Draper

Alst Mass	Th	10:00 am-10:45 am	Mar 30-May 4	\$60	ages 2-5
Alst Mass	Th	10:00 am-10:45 am	Jul 13-Aug 17	\$60	ages 2-5

Athletics

Preschool T-Ball ◀ NEW! ▶

Batter up! Start your child early in the great American pastime of baseball! Players will be taught the basics of the game including throwing, fielding, batting and running. They will also be taught the value of respect, teamwork and appreciation of the game. Softer balls and bats are used. Hitters hit off of a rubber tee with the help of a coach. Don't miss this opportunity to give your future star the chance to have fun enjoying the outdoors with friends while learning the great game of baseball. Parent participation is encouraged. **INSTRUCTOR:** Matt West

Tyler Run Park	T/Th	5:00 pm-5:45 pm	Mar 23-Apr 27	\$50	ages 3-5
Tyler Run Park	Sa	9:30 am-10:30 am	May 13-Jun 24	\$50	ages 3-5

YOUTH

PROGRAMS & CLASSES

Do you dream of being an artist? Or starring on Broadway? Start your journey here!



Art

Art for Homeschoolers

Students will learn and enjoy working with different media: pencil, ink, watercolor, and pastel. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Mar 1-Apr 5	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Apr 19-May 24	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Aug 2-Sep 6	\$60	ages 9-12

Youth Open Studio

Students will learn and enjoy working with different media: pencil, ink, watercolor, and pastel. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Feb 28-Apr 4	\$60	ages 9-12
Flah Park	Tu	3:30 pm-4:30 pm	Apr 18-May 23	\$60	ages 9-12
Flah Park	Tu	3:30 pm-4:30 pm	Aug 1-Sep 5	\$60	ages 9-12

Art for Teens

Students will experience working with different mediums: pencil, watercolor, pen & ink, and charcoal. Will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Feb 28-Apr 4	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Apr 18-May 23	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Aug 1-Sep 5	\$60	ages 13-16

Beginner's Photography (Outdoor Emphasis)

Did you get a new camera or planning to purchase one? This course will enable you or the person to whom you are giving the camera to be able to take that camera off automatic and get the photo you would like to take instead of what the camera thinks you want. We will talk about f-stops, shutter speed and light conditions with some emphasis on motion and changing light conditions outdoors (for nature and other subjects). **INSTRUCTOR:** Sol Levine



Flah Park	Sa	9:00 am-3:30 pm	May 6	\$70	ages 13-adult
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Music

Beginner Acoustic Guitar Lessons

Children will take part in an upbeat and engaging learning experience. Participants will learn the basics of acoustic guitar including basic chords and strumming patterns. Pick and acoustic guitar required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Th	7:00 pm-8:00 pm	Mar 2-23	\$65	ages 9-12
Flah Park	Th	6:00 pm-7:00 pm	Jun 1-22	\$65	ages 6-8
Flah Park	Th	7:00 pm-8:00 pm	Jun 1-22	\$65	ages 9-12
Flah Park	Th	6:00 pm-7:00 pm	Aug 3-24	\$65	ages 6-8
Flah Park	Th	7:00 pm-8:00 pm	Aug 3-24	\$65	ages 9-12



The Art of A Cappella

With the international success of the Pitch Perfect films and hit television programs such as Glee and The Sing Off, vocal music and the contemporary a cappella movement are now more popular than ever! Join the members of Transit, Raleigh's very own professional vocal band, as they guide you through the ins and outs of this exciting musical style. Over the course of six class sessions tailored to the age and grade level of participating students, the members of Transit will cover key a cappella music topics such as arranging, solo style and interpretation, vocal percussion, sound equipment, and more, to provide students with the skills and knowledge they need to become successful a cappella musicians. To cap off the program, Transit will present a rocking evening concert that will feature participating students. Spots for The Art of A Cappella are limited, so be sure to sign up soon for your chance to be a part of this ultimate a cappella experience! **INSTRUCTOR:** Transit Vocal Band



Ren Ctr	Sa	9:30 am-10:15 am	Mar 25-May 6*	\$85	grades 3-5
Ren Ctr	Sa	10:30 am-11:30 am	Mar 25-May 6*	\$110	grades 6-8
Ren Ctr	Sa	11:30 am-12:30 pm	Mar 25-May 6*	\$110	grades 9-12

*No class Apr 15

Dance

Ballet/Tap/Jazz Combination – Grades K-2

Dancers will gain ballet, tap, & jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will have 20 minutes of instruction in each dance genre. They will apply these skills in 3 mini routines that they will learn during the course of the session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, t-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	Th	5:30 pm-6:30 pm	Feb 23-Mar 30	\$48	grades K-2
Alst Mass	Th	5:30 pm-6:30 pm	Apr 6-May 11	\$48	grades K-2
Alst Mass	Th	5:30 pm-6:30 pm	May 18-Jun 22	\$48	grades K-2
Alst Mass	Th	5:30 pm-6:30 pm	Jun 29-Aug 3	\$48	grades K-2
Alst Mass	Th	5:30 pm-6:30 pm	Aug 10-Sep 14	\$48	grades K-2

Ballet/Tap/Jazz Combination – Grades 3-5

Dancers will gain ballet, tap, and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will have 20 minutes of instruction in each dance genre. They will apply these skills in 3 mini routines that they will learn during the course of the session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	Th	6:30 pm-8:00 pm	Feb 23-Mar 30	\$68	grades 3-5
Alst Mass	Th	6:30 pm-8:00 pm	Apr 6-May 11	\$68	grades 3-5
Alst Mass	Th	6:30 pm-8:00 pm	May 18-Jun 22	\$68	grades 3-5
Alst Mass	Th	6:30 pm-8:00 pm	Jun 29-Aug 3	\$68	grades 3-5
Alst Mass	Th	6:30 pm-8:00 pm	Aug 10-Sep 14	\$68	grades 3-5

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed. **INSTRUCTOR:** Jimmy Roberson

WFCH	M	7:00 pm-9:00 pm	Feb-Aug*	\$10/mo	ages 12-18
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*No class May 29

Class dress is casual but participants are encouraged to wear comfortable shoes

Shag Dance Lessons for Beginners <<NEW!>>

Learn to shag...the dance of the Carolinas! Come learn the basic steps that originated in the 1930s in Myrtle Beach, South Carolina. Learn the basic shag steps as you dance to beach music, giving you the confidence to get on the dance floor! Please wear slick or smooth soled shoes, no sneakers. Partners are not necessary. **INSTRUCTOR:** Tom Shipman, Beach Shagger National Hall of Fame



WFCH	W	5:30 pm-6:30 pm	Mar-Aug*	\$40/mo	ages 12-17
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*No class Mar 29, May 31, Aug 30



Fitness

Zumba <<NEW!>>

Ditch the workout and join the party! Come out and join us for a workout like none other! We will teach you steps to popular dances like Salsa, merengue, cumbia, reggaeton, hip-hop, belly dancing and more. This will be a high cardio workout where you will see results take place. **INSTRUCTOR:** Neltonia Atkinson

Alst Mass	F	6:30 pm-7:30 pm	Jan-Aug	\$20 / mo.*	ages 12+
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**optional \$7 drop-in fee is accepted*

YogaHappy – Kids

Songs, games, crafts, stories, imaginative play, and creative movement...this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! **INSTRUCTOR:** Alison Draper

Flah Park	M	4:30 pm-5:25 pm	Mar 27-May 1	\$60	ages 5-11
Flah Park	Th	4:30 pm-5:25 pm	Apr 20-May 25	\$60	ages 5-11
Flah Park	M	4:30 pm-5:25 pm	Jul 24-Aug 28	\$60	ages 5-11
Flah Park	Th	4:30 pm-5:25 pm	Jul 13-Aug 17	\$60	ages 5-11

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy inducing, stress-relieving exercise. In this class students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary. Adults will use large, adult-sized hoops to make moves easy to learn. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke (Pickle Mamas)

Alst Mass	W	7:00 pm-8:00 pm	Mar 1-Mar 29	\$55*	ages 10+
Alst Mass	W	7:00 pm-8:00 pm	Apr 12-May 10	\$55*	ages 10+
Alst Mass	W	7:00 pm-8:00 pm	May 24-Jun 21	\$55*	ages 10+
Alst Mass	W	7:00 pm-8:00 pm	Jul 12-Aug 9	\$55*	ages 10+

**Hoops provided; optional \$13 drop-in fee is accepted once minimum of 6 is met*

Theater

Character Safari

Students will create exciting scenes and stories with believable characters as they explore fun story settings such as the jungle, the school, outer space, the dusty attic and even under the bed. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	Sa	9:30 am-10:30 am	Mar 11-May 6	\$90	ages 6-8
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**No class April 8 or 15*

Pathway to the Stage

The first step on the pathway to the stage is the audition. Once cast, there are many steps an actor must take to bring his/her character to life during the rehearsal process. In this scene study class, students will learn techniques such as character development, blocking, character relationships and vocal projection-all vital to taking that last big step to the stage! **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	Sa	11:00 am-12:30 pm	Mar 11-May 6	\$110	ages 9-12
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**No class April 8 or 15*

Martial Arts

Taekwondo

This class will teach coordination, focus, discipline and self-confidence, all while having fun. Participants will learn the basics of Taekwondo - breathing, blocking, punching, kicking, target drill and combination of techniques. Class is taught in a relaxed and fun environment. Concentration and attention span will be developed in this program. No class held the first Thursday of every month. Please register online at least two business days prior to the start of each session. **INSTRUCTOR:** Sr. Master Randy Berger

WFCH	T/Th	7:00 pm-8:00 pm	Feb-Aug	\$40 / mo.	ages 7-17
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Lego®

Spring Break Camp – Batman Gadgets & Mechanics with LEGO® <<NEW!>>

Defeat Gotham's villains by designing and building Batman's most advanced crime-fighting machines! Infiltrate Arkham Asylum, build a Bat Cycle, and fly your Batcopter. Then use your projects to thwart the Joker's plans to take over the city. Be the super-hero or heroine Gotham needs while engineering solutions through the use of STEM concepts! **INSTRUCTOR:** Play-Well TEKnologies

Flah Park	M-Th	9:00 am-12:00 pm	Apr 10-13	\$125	ages 5-7
Flah Park	M-Th	1:00 pm-4:00 pm	Apr 10-13	\$125	ages 8-12

ADULT

PROGRAMS & CLASSES

It's never too late to get active and learn something new. Enhance your life by taking a class and developing your interests.



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Enter the painting world! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00 pm-3:00 pm	Feb 28-Apr 4	\$80	ages 17+
Flah Park	Tu	1:00 pm-3:00 pm	Apr 18-May 23	\$80	ages 17+
Flah Park	Tu	1:00 pm-3:00 pm	Aug 1-Sep 5	\$80	ages 17+

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Materials not included. Must have completed Beginners Oil & Acrylic Painting. **INSTRUCTOR:** Mary Benejam

Flah Park	W	10:00 am-12:30 pm	Mar 1-Apr 5	\$80	ages 17+
Flah Park	W	10:00 am-12:30 pm	Apr 19-May 24	\$80	ages 17+
Flah Park	W	10:00 am-12:30 pm	Aug 2-Sep 6	\$80	ages 17+

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. Student must have completed Beginners and Intermediate Painting. Let's paint a masterpiece! Materials not included. **INSTRUCTOR:** Mary Benejam



Flah Park	Tu	10:00 am-12:30 pm	Feb 28-Apr 4	\$80	ages 17+
Flah Park	Tu	10:00 am-12:30 pm	Apr 18-May 23	\$80	ages 17+
Flah Park	Tu	10:00 am-12:30 pm	Aug 1-Sep 5	\$80	ages 17+

Watercolor

Students will learn washes, glazes, color mixing, and composition. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Mar 1-Apr 5	\$80	ages 17+
Flah Park	W	1:00 pm-3:00 pm	Apr 19-May 24	\$80	ages 17+
Flah Park	W	1:00 pm-3:00 pm	Aug 2-Sep 6	\$80	ages 17+

Drawing

Students will learn value, shape, shading, composition, perspective and design. All elements are extremely useful for any art work. Materials supplied by student. **INSTRUCTOR:** Mary Benejam



Flah Park	W	1:00 pm-3:00 pm	Aug 2-Sep 6	\$75	ages 17+
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Beginner's Photography (Outdoor Emphasis)

Did you get a new camera or planning to purchase one? This course will enable you or the person to whom you are giving the camera to be able to take that camera off automatic and get the photo you would like to take instead of what the camera thinks you want. We will talk about f-stops, shutter speed and light conditions with some emphasis on motion and changing light conditions outdoors (for nature and other subjects). **INSTRUCTOR:** Sol Levine

Flah Park	Sa	9:00 am-3:30 pm	May 6	\$70	ages 16+
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Fitness

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy-inducing, stress-relieving exercise. In this class, students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary, and we will use large, adult-sized hoops for the adult students. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke (Pickle Mamas)

Alst Mass	W	7:00 pm-8:00 pm	Mar 1-29	\$55*	ages 16+
Alst Mass	W	7:00 pm-8:00 pm	Apr 12-May 10	\$55*	ages 16+
Alst Mass	W	7:00 pm-8:00 pm	May 24-Jun 21	\$55*	ages 16+
Alst Mass	W	7:00 pm-8:00 pm	Jul 12-Aug 9	\$55*	ages 16+

*Hoops provided; optional \$13 drop-in fee is accepted once minimum of 6 is met

Zumba <<NEW!>>

Ditch the workout and join the party! Come out and join us for a workout like none other! We will teach you steps to popular dances like Salsa, merengue, cumbia, reggaeton, hip-hop, belly dancing and more. This will be a high cardio workout where you will see results take place. **INSTRUCTOR:** Neltonia Atkinson

Alst Mass	F	6:30 pm-7:30 pm	Jan-Aug	\$20 / mo.*	ages 12-adult
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*optional \$7 drop-in fee is accepted

Dance

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed. **INSTRUCTOR:** Jimmy Roberson

WFCH	M	7:00 pm-9:00 pm	Feb-Aug	\$20 / mo	ages 19+
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*No class May 29

Class dress is casual but participants are encouraged to wear comfortable shoes

Shag Dance Lessons for Beginners <<NEW!>>

Learn to shag...the dance of the Carolinas! Come learn the basic steps that originated in the 1930s in Myrtle Beach, South Carolina. Learn the basic shag steps as you dance to beach music, giving you the confidence to get on the dance floor! Please wear slick or smooth soled shoes, no sneakers. Partners are not necessary. **INSTRUCTOR:** Tom Shipman, Beach Shagger National Hall of Fame

WFCH	W	7:00 pm-8:00 pm	Mar-Aug*	\$40/mo	ages 18+
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*No class Mar 29, May 31, Aug 30

Martial Arts

Taekwondo

This class is for adults at all levels of ability. Coordination, confidence, weight loss, and toning will be developed through this class. Self-defense, confidence, and positive attitude will be further developed. This class is designed to grow with the student's abilities. No class held the first Thursday of every month. Please register online at least two business days prior to the start of each session. **INSTRUCTOR:** Sr. Master Randy Berger

WFCH	Tu/Th	7:00 pm-8:00 pm	Feb-Aug	\$40 / mo.	ages 18+
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Community Resources for Specialized Services

Alliance Behavioral Healthcare	919-651-8704
Alliance of Disability Advocates- Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
Autism Society of NC- Wake Co. Chapter.....	919-500-9378
North Carolina Special Olympics	919-807-8378
Special Olympics Wake County.....	919-996-2147
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network	919-803-0515
Wake County Human Services.....	919-212-7301
Wake Forest Dream League Baseball	919-556-7093
WCPSS- Family & Community Connections	919-858-3215



SPECIALIZED PROGRAMS

Enriching programs designed for children with special needs.

Special Events & Programs

Fun with Fitness <<NEW!>>

Come join us and have fun with fitness! Experience a variety of introductory level fitness classes in a safe and inviting environment. Learn basic exercise techniques and movements. Get moving with music, dance, stories and creativity! Wear clothing that is comfortable and easy to move in. Bring a water bottle and a buddy if necessary. **INSTRUCTORS:** Jacque Allen (Zumba), Alison Draper (yoga), Archie Dinglasan (taekwondo) **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Alst Mass	Sa	9:15 am-10:15 am	Feb 11	Zumba	\$10	all ages
Alst Mass	Sa	9:15 am-10:15 am	Mar 11	taekwondo	\$15	all ages
Alst Mass	Sa	9:15 am-10:15 am	Apr 8	yoga	\$10	all ages
Alst Mass	Sa	9:15 am-10:15 am	May 13	Zumba	\$10	all ages
Alst Mass	Sa	9:15 am-10:15 am	Jun 10	taekwondo	\$15	all ages
Alst Mass	Sa	9:15 am-10:15 am	Jul 8	yoga	\$10	all ages

Special Needs Valentine Party

The Town of Wake Forest invites our youth with special needs and their siblings to celebrate Valentine's Day. The party will feature music, crafts, games and refreshments. Drop in for a game of BINGO and try your luck at winning a prize. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093



WFCH	Sa	2:00 pm-4:00 pm	Feb 11	\$5*	all ages
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*Pre-registration by Feb 8 is required

Egg-ceptional Egg Hunt

This egg hunt caters to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Joyner Park	Sa	11:30 am-12:00 pm	Apr 8	free	all ages
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Rhythm Kids – An Adaptive Drumming Circle <<NEW!>>

The ancient practice of group drumming is now clinically proven to reduce stress, boost the immune system, foster inclusion and promote creativity. It's also super-fun! Join professional drum circle facilitator Greg Whitt of Drum For Change (www.drumforchange.com) for a session specifically for special families. Instruments provided. No experience necessary. Persons with auditory sensitivity are encouraged to bring hearing protection. **INSTRUCTOR:** Greg Whitt **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Ren Ctr	Tu	5:30 pm-6:30 pm	Mar 14	\$10	all ages
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Special Needs Resource Fair

This free event will include several professional vendors that specialize in providing children and adults with special needs an array of services, including therapeutic, health and wellness, educational, recreational, music, financial and legal. The fair is designed to offer local families the opportunity to learn about dozens of programs, services, products and resources – all in one location. **CO-SPONSORED BY:** Richland Creek Community Church **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Richland Creek Comm Church	Sa	10:00 am-1:00 pm	Apr 1	free	all ages
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Special Needs Movie Night

This movie night allows children with special needs to enjoy a film in a safe and accepting environment. The event area will have added lighting, and the movie's volume will be lower. Audience members are invited to get up and dance, walk, shout or sing! The rule of the day: FUN without repercussions. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Ren Ctr	F	6:30 pm	May 19	free	all ages
Ren Ctr	F	6:30 pm	Jul 28	free	all ages
Ren Ctr	F	6:30 pm	Aug 18	free	all ages

Dream League Baseball

Designed for school-age participants with special needs. League games are played on Saturdays from late April through early June. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-28	Apr-May season	\$40 resident \$80 non-resident	boys & girls: school age
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CAMPS

SUMMER ENRICHMENT PROGRAMS

Fill your summer break with fun, enriching experiences—right here in Wake Forest!



Day Camp

Camp Nahele (pronounced nah-heh-le)

Camp Nahele ("nahele" means "forest" in Hawaiian) is a full day recreational summer camp program designed to enhance your child's summer experiences through arts and crafts, education, nature, recreational and sporting activities. The camp will operate for a ten-week period from June 12 through August 18, at the Wake Forest Community House, 133 W. Owen Ave. The camp is offered Monday through Friday, from 9 a.m. to 5 p.m. Early drop-off is 7:30 a.m. and late pick up is 6 p.m. Participants must be at least six years old on or before June 1, 2017.



WFCH	M-F	7:30 am-6:00 pm	Jun 12-Aug 18	\$100/wk	ages 6-12
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Art Camps

Preschool Art Camp: In the Garden <<NEW!>>

Come join Ms. Maureen and Mr. Moo Monet as we explore the things in the garden from bugs to flowers with stories and art projects. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Pk	M-F	9:00 am-12:00 pm	Jul 24-28	\$100	ages 3-5
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Preschool Art Camp: Art Time Machine <<NEW!>>

Step into our time machine and travel back in the art world as we learn about art from ancient Egypt to modern day. We will be making stops along the way at the Renaissance, Impressionistic and Pop art time frames. We will work in watercolor, tempura and acrylic paints so dress to get messy! Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Pk	M-F	1:00 pm-4:00 pm	Aug 7-11	\$100	ages 3-5
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Art 4 Fun Camp

Students will enjoy working with: pencils, watercolors, acrylics and soft pastels and will complete an art project every day. Returning students are welcome as we will complete new art projects this year! Materials included. **INSTRUCTOR:** Mary Benejam

Flah Pk	M-F	9:00 am-12:00 pm	Jun 12-16	\$100	ages 9-12
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Flah Pk	M-F	9:00 am-12:00 pm	Jul 10-14	\$100	ages 9-12
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Art for Teens Camp

Students will enjoy working with: pencils, ink, watercolors, acrylics and soft pastels. We will emphasize on values and shapes and complete an art project every day. Returning students are welcome as we will complete new art projects this year! Materials included. **INSTRUCTOR:** Mary Benejam

Flah Pk	M-F	9:00 am-12:00 pm	Jun 19-23	\$100	ages 13-16
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Theater Camps

Stories for the Stage

In this fun filled camp you will make up stories and act out stories all in one week! In the morning, students will use playful games, exercises and movement to create original theatre stories. In the afternoon, using scripted material, they will learn acting skills needed to bring a story to life. No previous experience necessary. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr	M-F	9:00 am-4:00 pm	Jun 12-16	\$270	ages 6-8
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Stage Door

The actor enters the theatre through the stage door but there are quite a few more steps to the stage. In this supportive camp, you can have fun, build confidence and make friends as you learn basic acting and rehearsal skills. In the morning, using scripted scenes, students will explore character development, blocking and vocal projection. In the afternoon, they will participate in improvisation exercises designed to promote group problem solving and encourage spontaneity, both valuable tools in rehearsal and great life skills as well. No previous experience necessary. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr	M-F	9:00 am-4:00 pm	Jun 12-16	\$270	ages 9-12
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Let's Put on a Play!

Using fun theatre games and improvisation, students will put their heads together to create an original script. Upon completion they will then learn what it takes to perform it for an audience! No previous experience necessary. **INSTRUCTOR:** Raleigh Little Theatre



Ren Ctr	M-F	9:00 am-4:00 pm	Jul 24-28	\$270	ages 9-12
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Music Camp

A Cappella and More «NEW!»

With the international success of the Pitch Perfect films and hit television programs such as Glee and The Sing Off, vocal music and the contemporary a cappella movement are now more popular than ever! Join the members of Transit, Raleigh's very own professional vocal band, as they guide you through the ins and outs of this exciting musical style. Tailored to the age of participating students, Transit members will cover key a cappella music topics such as arranging, solo style and interpretation, vocal percussion, sound equipment, and more, to provide students with the skills they need to become successful a cappella musicians. To cap off the program, Transit will present a rocking evening concert that will feature participating students. Spots for The Art of A Cappella are limited, so be sure to sign up soon for your chance to be a part of this ultimate a cappella experience! **INSTRUCTOR:** Transit Vocal Band

Ren Ctr	M-F	9:00 am-4:00 pm	Jul 31-Aug 4	\$225	grades 3-5
Ren Ctr	M-F	9:00 am-4:00 pm	Jul 31-Aug 4	\$225	grades 6-8



LEGO® Camps

Become a Play-Well Engineer this Summer! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, engineering, and architecture! This is a hands-on, brains on workshop suitable for LEGO® novices to building "maniacs."

Batman Gadgets & Mechanics with LEGO® «NEW!»

Defeat Gotham's villains by building Batman's most advanced crime-fighting machines! Infiltrate Arkham Asylum, build a Bat Cycle, and fly your Batcopter. Then use your projects to thwart the Joker's plans to take over the city. Be the super-hero or super-heroine Gotham needs while engineering solutions through the use of STEM concepts! **INSTRUCTOR:** Play-Well TEKologies

Flah Pk	M-F	9:00 am-12:00 pm	Apr 10-14	\$125	ages 5-7
Flah Pk	M-F	1:00 pm-4:00 pm	Apr 10-14	\$125	ages 8-12

Intro to STEM with LEGO® «NEW!»

Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as boats, snowmobiles, catapults, and merry-go-rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of LEGO® with the guidance of a Play-Well instructor. **INSTRUCTOR:** Play-Well TEKologies

Flah Pk	M-F	9:00 am-12:00 pm	Jun 26-30	\$155	ages 5-7
Flah Pk	M-F	1:00 pm-4:00 pm	Jun 26-30	\$155	ages 8-12

An Inclusive Approach

The Parks, Recreation & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz at kschurtz@wakeforestnc.gov or 919-556-7093.

Jedi Engineering using LEGO®

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! **INSTRUCTOR:** Play-Well TEKnologies

Ren Ctr AA	M-F	9:00 am-12:00 pm	Jul 17-21	\$155	ages 5-7
Ren Ctr AA	M-F	1:00 pm-4:00 pm	Jul 17-21	\$155	ages 8-12

Mine, Craft, Build Adventure Game using LEGO®

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or LEGO. **INSTRUCTOR:** Play-Well TEKnologies

Flah Pk	M-F	9:00 am-12:00 pm	Aug 7-11	\$155	ages 5-7
Flah Pk	M-F	1:00 pm-4:00 pm	Aug 7-11	\$155	ages 8-12

Athletic Camps

Baseball Camp

Skills development camp for baseball players, rising 3rd grade through rising 8th grade. Camp t-shirt included. **INSTRUCTORS:** Heritage High School baseball staff

Her High*	M-Th	9:00 am-12:00 pm	Jun 19-22	\$80	grades 3-8
Her High*	M-Th	9:00 am-12:00 pm	Jul 10-13	\$80	grades 3-8

*Camp will meet at the Heritage High School baseball field

Softball Camp

Skills development camp for softball players, rising 3rd grade through rising 9th grade. Camp t-shirt included. **INSTRUCTORS:** Heritage High School softball staff

Her High*	M-Th	9:00 am-12:00 pm	Jun 19-22	\$80	grades 3-5
Her High*	M-Th	9:00 am-12:00 pm	Jul 10-13	\$80	grades 6-9

*Camp will meet at the Heritage High School baseball field



Thori Bryan Soccer Academy Co-Ed Soccer Camp

This camp will offer an exciting soccer experience with an emphasis on fun, skill development, tactics and competition. Concentration will be placed on establishing basic skills such as shooting, trapping, dribbling, and building upon these skills through staff demonstration and instruction. Camp t-shirt included. **INSTRUCTOR:** Thori Bryan

Smith Crk Soccer Ctr	M-F	9:00 am-12:00 pm	Jun 19-23	\$125*	ages 7-12
Smith Crk Soccer Ctr	M-F	5:00 pm-8:00 pm	Jul 10-14	\$125**	ages 7-12

*Camp t-shirts are guaranteed for those who pre-register by Jun 11

**Camp t-shirts are guaranteed for those who pre-register by Jul 2

Youth Golf Camp

Participants will receive instruction in the game of golf. Learn golf rules, as well as the basic fundamentals for putting and driving. Please bring a snack daily. **INSTRUCTOR:** Tim Gupton



Flah Pk	M-F	9:00 am-11:30 am	Jun 19-23	\$100	ages 5-11
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Girls Volleyball Camp – Youth All-Skills & Play ◀NEW!▶

This half day 'All Skills' camp covers all six major volleyball skills [serving, passing, attacking, setting, blocking, and defense] and provides participants with the opportunity to practice these skills in game-like settings. When necessary, participants are grouped according to ability. Camp t-shirt included. Please bring a snack daily. **INSTRUCTOR:** Triangle Volleyball Club

Flah Pk	M-Th	9:00 am-12:00 pm	Jul 17-20	\$100*	ages 9-14
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*Camp t-shirts are guaranteed for those who pre-register by Jul 9

Girls Volleyball Camp – Middle School/High School Skills & Play ◀NEW!▶

Get your game ready for school play this fall! This camp will enhance your skills using high repetition training in the six major volleyball skills [serving, passing, attacking, setting, blocking, and defense]. These skills will be put into practice in game-like settings and in competitive play as the group allows. This camp is geared towards those who aim to play middle or high school volleyball. Camp t-shirt included. Please bring a snack daily. **INSTRUCTOR:** Triangle Volleyball Club

Flah Pk	M-Th	1:00 pm-4:00 pm	Jul 17-20	\$100*	ages 12-16
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*Camp t-shirts are guaranteed for those who pre-register by Jul 9

Boys Basketball Camp

This week-long instructional camp will be led by Professional European basketball player J.J. Miller. Participants will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. **INSTRUCTOR:** JJ Miller



Flah Pk	M-F	8:00 am-12:00 pm	Jul 10-14	\$90*	ages 7-12
Flah Pk	M-F	1:00 pm-5:00 pm	Jul 10-14	\$90*	ages 13-17

*Camp t-shirts are guaranteed for those who pre-register by Jul 2

Girls Basketball Camp

The week-long instructional camp will be led by Professional European basketball player J.J. Miller. Participants will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. **INSTRUCTOR:** JJ Miller

Flah Pk	M-F	8:00 am-12:00 pm	Jul 10-14	\$90*	ages 7-12
Flah Pk	M-F	1:00 pm-5:00 pm	Jul 10-14	\$90*	ages 13-17

*Camp t-shirts are guaranteed for those who pre-register by Jul 16

POOL & SPRAYGROUND



Conceptual Drawing

Sprayground **◀NEW!▶** The Wake Forest Parks, Recreation & Cultural Resources Department will open its first sprayground at Taylor Street Park, 416 N. Taylor St., in May 2017.



Conceptual Drawing

Holding Park Pool Scheduled to reopen to the public in 2018, Holding Park Pool is undergoing major renovations.



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves

the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification

to participate in a program, please contact Recreation Superintendent, Monica A. Lileton at mlileton@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long

as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems

or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

ATHLETICS

YOUTH AND ADULT

Join a team sport and reach for the top of your game!



Youth Baseball/Softball

Preschool T-Ball <<NEW!>>

Batter up! Start your child early in the great American pastime of baseball! Players will be taught the basics of the game including throwing, fielding, batting and running. They will also be taught the value of respect, teamwork and appreciation of the game. Softer balls and bats are used. Hitters hit off of a rubber tee with the help of a coach. Don't miss this great opportunity to give your future star the chance to have fun enjoying the outdoors with friends while learning the great game of baseball. Parent participation is encouraged.

INSTRUCTOR: Matt West

Tyler Run Park	Sa	9:30 am-10:30 am	Mar 25-Apr 29	\$50	ages 3-5
Tyler Run Park	Sa	9:30 am-10:30 am	May 13-Jun 24	\$50	ages 3-5

Spring Baseball, Softball and T-Ball Leagues

League age is determined by participant's age on April 30, 2017. Team practices begin in late March/early April. Games are played through June.

STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-28	Mar-June season	\$40 resident \$80 non-resident	boys: ages 5-17 girls ages 5-14
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Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June.

STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-28	Apr-May season	\$40 resident \$80 non-resident	boys & girls: school age
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Dream League Baseball "Buddy" Program

"Buddies" assist Dream League players during games which are played on Saturdays from late April through early June. STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-28	Apr-May season	no fee, registration is required	ages 13+
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Fall Baseball and Softball Leagues

League age is determined by participant's age on April 30, 2017. Team practices begin in August. Games are played through mid-October.

STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Jun 1-30	Aug-Oct season	\$40 resident \$80 non-resident	boys: ages 6-16 girls: ages 6-13
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Youth Track & Field

Track & Field

In this introduction to track and field, participants will learn proper running technique and gain experience in their choice of the following Olympic running events: 100, 200, 400, 800, 1500, 3000. Open to runners age 6-14 (age determined by age on 1/1/2017). Participants will also have an opportunity to be exposed to the hurdles, long jump, and shot put. Participant fee includes a t-shirt.

COACHES: Matt & LaTosca Goodwin, NC Speed Academy

WF Middle	M/W	6:00 pm-7:00 pm	Apr 10-May 24	\$80	ages 6-14
WF Middle	T/Th	6:00 pm-7:00 pm	Apr 11-May 25	\$80	ages 6-14
WF Middle	M/W	6:00 pm-7:00 pm	Aug 14-Sep 27	\$80	ages 6-14
WF Middle	T/Th	6:00 pm-7:00 pm	Aug 15-Sep 28	\$80	ages 6-14

Youth Volleyball

Youth Volleyball League

League age is determined by participant's age on September 1, 2017. Team practices begin in May. Games are played through early July.

STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Apr 1-30	May-Jul season	\$40 resident \$80 non-resident	girls: ages 9-16
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Adult Softball

Men's Spring Recreational League

Games played Monday, Wednesday, Thursday beginning in mid-March.
STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Feb 1-28	Mar-Apr season	\$550/team	ages 18+
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Church Men's League

Games played Monday, Tuesday, Thursday, Friday and Saturday beginning in late April. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
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Church Co-Rec League

Games played primarily Tuesday and Thursday beginning in mid-June.
STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: May 1-31	Jun-Aug season	\$550/team	ages 18+
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Men's Fall Recreational League

Games played Monday, Wednesday and Thursday beginning mid-August.
STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Open Co-Rec League

Games played primarily on Tuesday and Friday beginning in mid-August.
STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Adult Kickball

Summer Adult Co-Rec Kickball ◀(NEW!)▶

League play is scheduled to begin in mid July. Games will be played on weeknights and Sundays throughout late August. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Jun 1-30	Jul-Aug season	\$225/team	ages 18+
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Fall Adult Co-Rec Kickball

League play is scheduled to begin in mid-September. Games will be played on weeknights and Sundays throughout late October. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Oct-Nov season	\$225/team	ages 18+
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Adult Flag Football

Adult Flag Football

League play is scheduled to begin in mid-September. Games are played on Sunday afternoons from mid-September through early November. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep-Nov season	\$225/team	ages 18+
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Adult Pickleball

Adult Pickleball League

League will be offered on Thursdays beginning in September at the Southeastern Baptist Theological Seminary Ledford Center. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep-Nov season	\$35/person	ages 18+
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YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online at wakeforestnc.recdesk.com during the specified registration periods. Computer access will be available at Wake Forest Town Hall should registrants need access.

ADULT REGISTRATION: Register online at wakeforestnc.recdesk.com.

RESIDENT/NON-RESIDENT RATES: Residents who live within the town's limits are eligible for the \$40 resident rate. Residents who live outside the limits are encouraged to participate but will be charged the \$80 non-resident rate.

REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2017 Baseball, Softball & T-ball

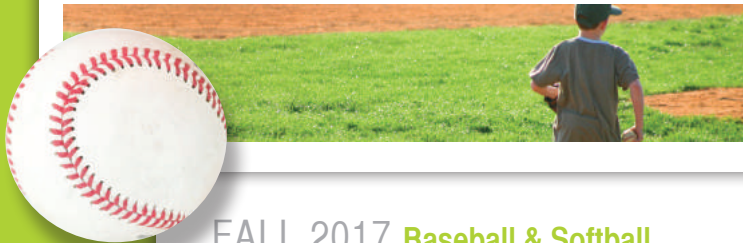
League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	5
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	6
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	7
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	8
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	9
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	10
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	11
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	12
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	13
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	14
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	15
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	16
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	
Senior League (15-17)	16	
Senior League (15-17)	17	



FALL 2017 Baseball & Softball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	6
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	7
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	8
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	9
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	10
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	11
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	12
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	13
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	14
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	15
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	16

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
Rookie League (machine pitch)	6 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Minor League	8 coed*	Minor League
Minor League	9 coed*	Minor League
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	
Senior League (14-16)	15	
Senior League (14-16)	16	

* If more than 36 females register, machine pitch softball league will be offered.

Inclement Weather Line:
919-435-9569

In case of inclement weather, Wake Forest residents should call the **WEATHER LINE** at 919-435-9569 for information concerning changes to the town's regular schedule. The Weather Line will provide updates concerning all town-sponsored programs and activities, including athletic games and practices, as well as concerts, festivals, and other events. Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes. Weather-related announcements may also appear on the homepage of the town's website, on our Facebook page and on Wake Forest TV 10.



RENAISSANCE CENTRE

FOR THE ARTS

You'll discover enriching experiences at the centre that will leave you feeling inspired.



The **Paperhand Puppet Intervention** will dazzle the audience with its giant puppets March 4.

Events & Performances

Mike Wiley performs *Tired Souls*

ARTS FOR ALL SERIES Mike Wiley will perform *Tired Souls*, a recount of Rosa Parks' decisive bus ride and the notable black citizens who laid the groundwork for this pivotal moment in history. Performance geared for grades 3 to adult. **SPONSORED BY:** United Arts of Raleigh & Wake County

Ren Ctr	Feb 4	3:00 pm & 7:00 pm	free
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Forest Moon Theater presents *Agnes of God*

When a newborn child is found dead in a convent, a court psychiatrist must determine whether the nun accused of the crime is mentally fit to stand trial, with the question of the father's identity hanging in the balance. ***This play is rated PG13 due to mature content and language.*** **PRESENTED BY:** Forest Moon Theater

Ren Ctr	Feb 10	7:30 pm	advance: \$15 adult, \$13 student/senior
Ren Ctr	Feb 11	7:30 pm	
Ren Ctr	Feb 12	3:00 pm	day of: \$18 adult, \$16 student/senior
Ren Ctr	Feb 18	7:30 pm	
Ren Ctr	Feb 19	3:00 pm	

Happy Dan the Magic Man

Everyone laughs louder when Happy Dan the Magic Man is in the house! Happy Dan has entertained families for more than 30 years. Children are quickly drawn into his tale of magical fantasy as they perform various feats of magic and more. The laughter never stops as Happy Dan struggles with his misbehaving props and the children fly to his rescue.



Ren Ctr	Feb 15, Mar 15, Apr 19, May 17	11:00 am	\$5
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Neck of the Woods

Neck of the Woods is a variety performance series that features emerging local artists. Each show is different and may include actors, dancers, musicians, comedians, writers and spoken word artists. The bar will be open for wine, beer and other refreshment purchases. **PRESENTED BY:** Wake Forest ARTS

Ren Ctr	Feb 17	7:30 pm	\$5
Ren Ctr	Jul 21	7:30 pm	\$5

State of the Town Address & Dinner

The annual State of the Town Address offers citizens the opportunity to reflect on the town's list of accomplishments during the previous year and learn about its goals in the coming months. **HOSTED BY:** Wake Forest Rotary Club

Ren Ctr	Feb 20	6:00 pm	\$15
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Rockin' the Forest

Rockin' the Forest features a variety of genres. Sarah Shook & The Disarmers are a country band with a sneer, a bite, and no apologies. Rolling Stone magazine named them one of the "10 new country artists you need to know." 6 String Drag merges the band's early punk roots with no-frills southern honky tonk in a show that is sure to see your southern pride surge.



Ren Ctr	Feb 24	Sarah Shook & the Disarmers	8:00 pm	\$10
Ren Ctr	Mar 24	6 String Drag	8:00 pm	\$10

Paperhand Puppet Intervention

ARTS FOR ALL SERIES For over fifteen years the Paperhand Puppet Intervention has been creating original large-scale puppet extravaganzas complete with giant puppets, masks, shadow puppets, stilt dancing, painted flats, live music and more. Their unique story style tells myths from around the world and stories that inspire audiences of all ages. **SPONSORED BY:** United Arts of Raleigh & Wake County

Ren Ctr	Mar 4	7:00 pm	free
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Forest Moon Theater presents *Anne of Green Gables*

A mix-up at the orphanage forever changes the life of a couple who were expecting a boy to help on the farm, and the eleven-year-old girl who comes to live with them instead. **PRESENTED BY:** Forest Moon Theater

Ren Ctr	Mar 10	7:30 pm	advance: \$15 adult, \$13 student/senior
Ren Ctr	Mar 11	7:30 pm	
Ren Ctr	Mar 12	3:00 pm	day of: \$18 adult, \$16 student/senior
Ren Ctr	Mar 17	7:30 pm	
Ren Ctr	Mar 18	7:30 pm	
Ren Ctr	Mar 19	3:00 pm	

The Backpack's *All Laughs Matter* Comedy Show

Join us for a night of comedy as all-star headliners Billy D. Washington, Vince Morris, and BT, hilariously chip at the walls of racial and social stereotypes. Simultaneously hilarious and thought provoking, The Backpack celebrates our differences, one joke at a time. Adding to the fun is a Q&A portion of the show, "Everything you ever wanted to ask a black man but were afraid to ask." Their motto: Be yourself. Because everybody else is already taken. **This show is rated PG due to possible mature content.**

Ren Ctr	Apr 1	7:30 pm	\$15 adult/child, \$13 senior
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The Backpack
All Laughs Matter Comedy Show – Apr 1

Special Screening of Uptone Pictures' *Destiny Road*

The Renaissance Centre for the Arts is proud to host a special screening of Wake Forest's own Uptone Pictures production of *Destiny Road*. Based on the Book *Three Lives One Destiny* by R.R. Soares, the film follows three different people as they journey through the challenges that life throws at them. In the end they learn about forgiveness, redemption and faith. The film was shot in various locations in Raleigh and Wake Forest. The evening will begin with a cocktail reception at 6:30 p.m. Free appetizers and snacks will be served. Beer and wine will be available for purchase. The movie will start at 7:30 pm.

Ren Ctr	Apr 7	6:30 pm	\$10
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Mike Farris & the Roseland Rhythm Revue – *The Soul of America* Concert



For our first venture into the realm of R&B, we felt nothing but the best would do! Join us as 2015 Grammy winner Mike Farris sings the Soul of America. A true musical renaissance man, Mike's southern heritage and rich talent allow him to offer a unique blend of music and soul that include blues, rock, jazz and R&B. Songwriter Mary Gauthier states, "Out of the arms of defeat Mike Farris has done a victory lap... He takes people

who are hurting, who are broken, who think they are alone and through just the sound of his voice he lets them know that they're not...that's magic." For his efforts, Farris also won the prestigious Americana Music Award for Best New & Emerging Artist and a Dove Award for Best Traditional Gospel Album of the Year.

Ren Ctr	Apr 21	7:30 pm	\$15 adult/child, \$13 senior
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Wake Forest Children's Choir Spring Concert

The Wake Forest Children's Choir will present an evening of music under the direction of Kasie Ryan.

Ren Ctr	May 2	6:00 pm	free
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Scrap Exchange – Junk Jams

ARTS FOR ALL SERIES We be jammin' at the Renaissance Centre with the Scrap Exchange! Junk Jams is a percussion program that allows everyone to play with sound using a collection of instruments built from buckets, pots, pans, and other fantastic reclaimed materials. The program is designed so anyone can participate – no drumming experience is necessary! **SPONSORED BY:** United Arts of Raleigh & Wake County



Ren Ctr	May 13	10:00 am-1:00 pm	free
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Forest Moon Theater presents *The Curious Savage*

Greedy children institutionalize their mother in an attempt to get their hands on the family fortune, but Mrs. Savage enjoys the last laugh in this warm comedy about patients in a sanatorium who are more sane than the outside world.

PRESENTED BY: Forest Moon Theater

Ren Ctr	Jun 16	7:30 pm	advance: \$15 adult, \$13 student/senior
Ren Ctr	Jun 17	7:30 pm	day of: \$18 adult, \$16 student/senior
Ren Ctr	Jun 18	3:00 pm	
Ren Ctr	Jun 23	7:30 pm	
Ren Ctr	Jun 24	7:30 pm	
Ren Ctr	Jun 25	3:00 pm	

Murder Mystery Dinner Theatre – *The Write Way to Commit Murder*

Welcome to an evening of delicious food, fine wine and a stimulating discussion of the written word. Our host, Barnaby Beanblossom, has gathered some of the leading authors from various genres to join us for a literary feast. Writers are known to take a tiny spark and fan it into an inferno that engulfs the reader in the worlds they create. The imaginative energy surging through this group of wordsmiths is likely to ignite passions and inflame past grudges that could result in an unhappy ending for someone. In the event of a shocking crime, it will be up to you and your table of sleuths to discover who could commit such a dastardly deed. Don't forget to wear your southern curls and peals and, oh yes...stylish hats!

Ren Ctr	Jul 22	6:30 pm	\$40 includes three-course dinner and show
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Wake Forest Home & Garden Show



A variety of exhibits will be offered both inside and outside the Renaissance Centre featuring the latest in home improvement products and services. Talk with home design and products experts. Learn from local landscapers. Explore the newest ideas in interior design. Enjoy how-to clinics.

Ren Ctr	Aug 12	9:00 am-4:00 pm	free
Ren Ctr	Aug 13	12:00 pm-5:00 pm	free

Malpass Brothers

Steeped in traditional country music, the Malpass Brothers feature a smooth vocal blend and skillful musicianship, while performing in the styles of Johnny Cash, Marty Robbins and Hank Williams, Sr. The duo promotes the work and music of classic country artists they treasure, while creating new music and making their own mark in the lineage of a rich American cultural heritage.



Ren Ctr	Aug 26	7:00 pm	advance: \$18 day of: \$21
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Monthly Events

First Friday Flix

Monthly movie showings feature a variety of film favorites. Call 919-435-9428 to hear the name of the movie. Concessions for sale.

Ren Ctr	First Friday of each month	7:00 pm	free
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fliX4kids

Movie showings geared for ages 3-10. All shows are rated G or PG. Call 919-435-9428 to hear the name of the movie. Concessions for sale.

Ren Ctr	Second Monday of each month	10:30 am	free
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Free at Three

Monthly movie showings geared for the over fifty crowd. Call 919-435-9428 to hear the name of the movie. Concessions for sale.

Ren Ctr	Second Monday of each month	3:00 pm	free
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Renaissance Centre for the Arts

PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrencen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458.

Ticket prices do not include tax.

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrencen.org and clicking on "Join our Mailing List."



6 String Drag

Rockin' the Forest Live Music Series – Mar 24

PHOTO BY MICHAEL TRAISTER



Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parksrecreation.aspx](http://wakeforestnc.gov/parksrecreation.aspx)

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2017

April 30-June 4 ~ 5-7 pm
E. Carroll Joyner Park



Co-sponsored by Wake Forest ARTS, the Wake Forest Parks, Recreation & Cultural Resources Department, United Arts of Raleigh & Wake County and PineCone